



***2020/21 U15 AA
Tryout Information
Fall 2020***



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Coaches/Expectations

- Roberta Stinn – Calgary Fire U15 AA White
- Sean Bauer – Calgary Fire U15 AA Red

The Calgary Fire Elite program has high expectations of their athletes and our parent group. Our Calgary Fire CULTURE is one of having a team first mentality where athletes and parents always put the teams best interests first.

Our Calgary Fire brand will be synonymous with excellence and pride, our Culture will be branded by work ethic, integrity, and unwavering support of our athletes and coaching staffs.

No athlete or parent group will be bigger than our program. We will support our athletes and parents who buy into our CULTURE and truly want to be in our program with an all for one mentality.

Parents will not influence whether their child will make a team, however, they can definitely have influence on their child NOT making the team. Let your child play.

Covid-19

- GHC Elite is governed by Hockey Alberta and as such we are following all AFHL Covid 19 rules and regulations.
- GHC Covid requirements can be found [here](#).





Alberta Female Hockey League (AFHL) Structure

U15 AA – Province Wide

12 U15 AA Franchises playing 26 regular season games

- | | |
|-----------------|-----------------|
| - Calgary Red | - Calgary White |
| - Lethbridge | - Okotoks |
| - Olds | - Red Deer |
| ----- | |
| - Edmonton | - Grand Prairie |
| - Leduc | - Lloydminster |
| - Sherwood Park | - St. Albert |

Two conferences:

- 6 teams in South
- 6 teams in North




Calgary Fire U15 AA Typical Team Weekly Schedule

2020-21	Venue	Time	Team	Duration
Tuesday	Henry Viney	415-545	U15 Elite RED	1.5
Wednesday/TBD	Conditioning		U15 Elite RED	1
Thursday	ECTAS Blue/Ed Whalen	500-630 or 800-930	U15 Elite RED	1.5
Tuesday	Max Bell 2	400-530	U15 Elite White	1.5
Wednesday/TBD	Conditioning		U15 Elite White	1
Thursday	ECTRAS Blue/Ed Whalen	500-630 or 800-930	U15 Elite White	1.5

- On ice typically twice per week (3 hours total), dryland once per week
- Games typically on weekends
- Players are expected to put Calgary Fire hockey first in athletic pursuits (Schedule makes it very hard to be successful at two elite sports)



A photograph of hockey equipment on an ice rink. In the top left, a portion of a brown leather hockey boot is visible. In the center, a hockey stick with a black blade and a gold shaft lies on the ice. A black puck is positioned near the blade of the stick. The ice surface is white with a prominent red line running diagonally from the bottom left towards the top right.

Calgary Fire U15 AA Tournaments

During COVID restrictions, there will be no tournaments




A photograph of hockey equipment on an ice rink. In the top left, a hockey skate is visible. In the center, a hockey stick and a puck are on the ice. The background is a blurred view of the ice rink.

Our Calgary Fire Vendor Partners

- Off Ice Training – at Mount Royal thru Global Sport Academy Group
- Mental Training – Mindful Athletics thru Global Sport Academy Group
- Skill Development – Global Sport Academy Group
- Coach Mentoring – Global Sport Academy Group
- Bussing – TBD
- Goalie Training – for four AA teams there will be ice/training provided by TPG. U18 AAA have their training provided by their goalie coach.




A photograph of hockey equipment on an ice rink. In the top left, a hockey skate is visible. In the center, a hockey stick and a puck are on the ice. The background is a blurred view of the ice rink.

Costs of U15 AA Hockey

- U15 AA registration fees for the 2020-21 season will be \$4,000 (flat from 2019-20).
- These fees include a variety of base costs including ice costs, bus travel, coaching expenses, referees, off-ice training/dryland, team jerseys & socks, pant shells, external skill provider, dryland, mental health, equipment, league fees, Hockey Alberta and Hockey Calgary fees (including insurance) as well association administrative costs.



A photograph showing a close-up of hockey equipment on an ice rink. A hockey stick with a black blade and a gold shaft lies on the ice. A black puck is positioned near the blade. In the upper left corner, a portion of a brown leather hockey boot is visible. The background is a blurred view of the ice rink's surface.

Costs of U15 AA Hockey

- In addition to the registration fees which are to be paid directly to GHC, it should be noted that this is not the extent of the total costs for families within the Fire Elite program. There are various other costs that are not incurred each year related to travel such as hotels, meals, mandatory apparel, tournament fees, exhibition games, team equipment and other miscellaneous costs.
- There should be no funding for tournaments currently, however if that changes with the COVID-19 restrictions phase 3 then tournament funds will be required.
- Additional cash calls are typically at least \$2,000 per season.





Calgary Fire Try Out Process/Timing

- All athletes are guaranteed 3 ice times (skill based) commencing Saturday, September 12th.
- The first stage of tryouts will be largely stations and skills drills that have been approved by Hockey Calgary as meeting social distancing requirements. Players who are selected after the initial sessions will be invited to join cohorts where small area games and scrimmages will be more prevalent.
- Goaltender only session will be on September 13th at 2:15pm at Norma Bush.
- Players invited to advance to the cohort stage will be informed either via email or posting on GHC FIRE website.
- Athletes who do not make the cohort will be released back to community hockey.
- September 16th ice times and forward will be split into two groups of 25 each (one cohort) and we will mix these groups up after a skate or two. These 4 or 5 skates will be run by the U15 coaching staffs for the most part.
- We hope to have a fitness testing as part of the tryouts for this cohort on September 19th at 1pm at Glenmore Athletic Park and Track.
- Cohort will be reduced from 50 to 38 by about September 24th.
- The surviving 38 player AA cohort will again be mixed for another two ice times. After these ice times the draft will take place which we expect to be late September or early October. The players drafted will be notified via phone call from their coach.
- Final AA Teams to take 17 skaters and 2 Goaltenders.

* Coaches have the option to alter a player position i.e. choose D to play F



Calgary Fire Try Out Process/Timing

U15

93 players on 6 teams,
must reduce to two
groups after 3 skates
(Sept 12, 13, 14)

AA eligible = 25
AA eligible = 25
Total = 50
(as of Sept 14)

Two groups will be
one cohort

AA cohort will have
4 or 5 skates (and
fitness testing) with
players being mixed
among two groups
using two ice times

AA cohort reduced
from 50 to 38 by
Sept. 24 (date TBC).

Surviving 38 player
AA cohort mixes
players and uses 2
ice times until draft
in early Oct. (date
TBD).

** Community evals run Sept. 19 – Oct. 1

***All dates and numbers of players are subject to change





Team Formation

The Calgary Fire U15 AA teams are selected and formed by their respective coaching staffs. Coaching staffs select teams based on many different athlete attributes including on-ice play, work/effort, off-ice conduct, team play, leadership qualities, character, offensive/defensive skill sets and many more.

Undoubtedly there will be some disappointed athletes and parents through this selection process and team formation. Please note that the selection process and coaching decisions are final. Athletes do not have the opportunity to appeal the coaching staff's selections.





Calgary Fire Expectations of Parents

- Demonstrate pride and exemplary conduct when participating in team activities.
- Demonstrate model sportsmanship, respect, and appreciation for all players, off and on-ice officials, volunteers and coaches at all times.
- Understand and comply with GHC's elite philosophy, bylaws, expectations, policies, procedures and operations and assume responsibility for his/her actions. This includes COVID related restrictions.
- Support your daughter in making a firm commitment to participate in all team activities, her development as a hockey player and contributor to the team.
- All parents are expected to volunteer in some capacity to support the team.
- Parents must read and sign the statement of acknowledgement document which is in the [Calgary Fire Member Policy Manual](#).





Calgary Fire Expectations of Athletes

- Always conduct yourself in a professional manner both on and off the ice; coaches evaluate players both on and off the ice.
- Dress appropriately for tryouts; if held, Red/White games' players are expected to be dressing in game day clothing.
- Cell Phone/Social Media – stay away from social media at all costs; everyone is watching including post secondary schools. Absolutely no cell phones in the dressing room, except as designated - zero tolerance.
- Zero tolerance for athletes who have been in contact with drugs, alcohol, tobacco or vaping products during any Calgary Fire event.
- Players must read and sign the statement of acknowledgement document which is in the [Calgary Fire Member Policy Manual](#).



A photograph showing a close-up of hockey equipment on an ice rink. A hockey stick with a black blade and gold shaft lies on the ice. A black puck is positioned near the blade. In the upper left corner, the toe of a brown leather hockey boot is visible. The background is a soft-focus view of the ice rink's surface.

Volunteerism/Fundraising

- Fundraising is a crucial component to the success of Calgary Fire Hockey. It is expected that all families will work to secure funding for the program and will do their utmost to contribute to Calgary Fire fundraising campaigns
- Each family is expected to commit to volunteering for the betterment of all Calgary Fire teams, both with and without volunteer credits awarded.
- There will not be a Firestarter tournament this year and therefore there will be no requirement for volunteering at the tournament and no fundraising will come from this tournament.





Rawlyk Family Fund and other available funding

A financial sponsorship program is available to qualified GHC female elite athletes. The program, supported by the Rawlyk Family Foundation, is designed to assist those elite players with both the desire and potential to compete at the post secondary level, but whom are unable to participate due to personal financial restrictions. Criteria for selection of successful applicants:

- 1) Financial need
- 2) Academic standing
- 3) Hockey ability (AAA, AA or “A” division player with potential to play at the elite level)
- 4) Sportsmanship and/or community participation/service
- 5) Eligibility – currently registered with Girls Hockey Calgary in U15 or U18

**Other Sources of Financial Assistance are available. Please contact the GHC Administrator for details.



A background image of a hockey rink with a red center line and a hockey stick and puck on the ice.

***An on-line Q and A session will be held,
check the website for details.***





Good Luck!
Thank You

