

### 2020/21 U18 AAA/AA Tryout Information Fall 2020



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## Covid 19

- GHC Elite is governed by Hockey Alberta and as such we are following all AFHL Covid 19 rules and regulations.
- ➢ GHC Covid 19 requirements can be found <u>here</u>.

## **Coaches/Expectations**

- Kyle Severson Calgary Fire U18 AAA
- J'nai Mahadio/Maia Smith-Merovitz Calgary Fire White
- Shayla Katrick Calgary Fire-Red

The Calgary Fire Elite program has high expectations of their athletes and our parent group. Our Calgary Fire CULTURE is one of having a team first mentality where athletes and parents always put the team's best interests first.

Our Calgary Fire brand will be synonymous with excellence and pride, our culture will be branded by work ethic, integrity, and unwavering support of our athletes and coaching staffs.

No athlete or parent group will be bigger than our program. We will support our athletes and parents who buy into our CULTURE and truly want to be in our program with an all for one mentality.



#### Alberta Female Hockey League (AFHL) Structure

#### **U18 AAA**

#### 6 Franchises playing 30 regular season games

- Lloydminster St. Albert
- Edmonton
- Okotoks

- Red Deer
  - Calgary

#### **U18 AA**

#### **12** Franchises playing **26** regular season games

- Calgary White
- Lloydminster
- Edmonton
- Red Deer Airdrie
- Grand Prairie Okotoks
- Sherwood Park Leduc

- Calgary Red
- St. Albert
- Lethbridge



#### Calgary Fire U18 AAA Typical Team Weekly Schedule

Practice Days	Arena Location	Time	Duration
Tuesday	Father David Bauer	7:30-8:45	1.25
ТВС	Dry Land		1
Wednesday	Father David Bauer	7:00-8:15	1.5
Thurs/Fri alternating	Father David Bauer	5:30-6:45	1.25

- On ice typically three times per week, dryland once per week
- Games typically on weekends



#### Calgary Fire U18 AA Typical Team Weekly Schedule

Team	Day	Arena	Time	Duration
U18 AA Red	Tuesday- alternates weekly	ECTAS Red	5:15-6:45	1.5
U18 AA Red	Thursday	Max Bell 2	4:15-5:45	1.5
U18 AA Red		Dryland		1
U18 AA White		Dryland		1
U18 AA White	Tuesday- alternates weekly	<b>Great Plains</b>	6:30-8:00	1.5
U18 AA White	Thursday	Henry Viney	4:00-5:30	1.5

- On ice typically twice per week, dryland once per week
- Tues Practice times alternate between teams
- Games typically on weekends

#### **Calgary Fire Tournaments**



During COVID restrictions, there will be no tournaments.

#### **Our Calgary Fire Vendor Partners**

- ➢ Off Ice Training AAA Bold Athletics
- > Off Ice Training AA at Mount Royal thru Global Sport Academy Group
- > Mental Training Mindful Athletics thru Global Sport Academy Group
- Skill Development Global Sport Academy Group
- Coach Mentoring Global Sport Academy Group
- Bussing TBD
- ➢ Goalie Training for four AA teams there will be ice/training provided by TGP. U18 AAA have their training provided by their goalie coach.

#### Costs of Elite Hockey



- > 18 AAA registration fees for the 2020-21 season will be \$5,025.00
- ➤ U18 AA Registration fees for 2020-21 season will be \$4,000.00
- These fees include a variety of base costs including ice costs, bus travel, coaching expenses, referees, team jerseys & socks, pant shells, external skill provider, dryland, mental health, equipment, league fees, Hockey Alberta and Hockey Calgary fees (including insurance) as well association administrative costs.
- In addition to the registration fees which are to be paid directly to GHC, it should be noted that this is not the extent of the total costs for families within the Elite program. There are various additional costs that are incurred each year related to travel such as hotels, meals, mandatory apparel, tournament fees, exhibition games, team equipment and other miscellaneous costs.
- There should be no funding for tournaments currently, however if that changes with COVID restrictions phase 3 then tournament funds may be required.
- > Additional cash calls are typically at least \$2,000 per season

## Calgary Fire Try Out Process



- All athletes are guaranteed 4 ice times (skill based) commencing Sept 1-6<sup>th</sup>, in three equal groups. After Sept 3 the three equal groups will be re-sorted into three tiered groups, one for AAA eligible players and two equal groups for AA eligible players.
- After Sept 6, players may be invited to participate in additional (main camp/cohort) ice times. AAA will release some players to AA on this date and AA groups will release some players on this date.
- Players invited to advance to the cohort stage will be informed either via email or posting on GHC FIRE website.
- Athletes who do not make a main camp roster will be released to community hockey.
- From Sept 8 forward, the invited players will skate in two cohorts, one for AAA eligible players and one for AA eligible players. The AA cohort will be split into two groups of +/- 22 each. The two AA groups will be re-sorted periodically.
- Dryland testing (Sept 11)
- Sept 12 U18 Goaltender only session

- Sept 12 AAA release date
- Sept 16 Final AAA releases, to 18 skaters and 2 Goaltenders, subject to second tryouts for players released by other AAA teams.
- > Released players from the AAA cohort will join the AA cohort.
- All players joining the AA cohort from AAA will be permitted to practice in socially distanced drills but not in scrimmages until the 14-day waiting period has passed
- Sept 16 AA cohort release date
- Sept 19 AA final releases to create smaller cohort of 38 subject to players released by other AAA tryouts.
- > Sept 30 All AA players are now able to participate in all cohort drills
- Early Oct AA team draft. Teams to include 17 skaters and 2 Goaltenders. Players will be notified of their team via phone call from their coach.

\* Coaches have the option to alter a player position (i.e. choose D player to play F (or vice versa) for the team)

\*\*All dates and numbers of players provided above are subject to change



108 players on 6 teams, re-sorted to three tiered groups after Sept 3

After Sept 6 some players invited to cohort stage

AAA eligible = 30 AA eligible = 22 AA eligible = 22 **Total = 74** 

Players not asked to join cohorts are released to community hockey.

Cohort practice groups do not indicate final team placement. AAA eligible cohort makes releases, Sept 8, 12 and 16, to final roster of 20 players, subject to second tryouts from other AAA teams' releases

AA is one cohort, split into 2 groups that will be resorted periodically. AAA releases will be added to the group.

Sept 16 and Sept 19 are AA release dates. AAA and AA Fitness testing – Sept 11

AAA and AA goalie only session- Sept 12

By Sept 30 (earlier for some) all AA players are permitted to participate in all cohort drills. AAA roster begin regular practices Sept 19 and prepare to play "small pod" games vs RMR or others.

AA team draft early October

AA roster practices to start after the draft.

\*\*Community evals run Sept. 13 – 24

\*\*All dates and numbers of players as provided above are subject to change



## **Team Formation**

The Calgary Fire U18 AAA team is selected, and the Calgary Fire U18 AA teams are drafted, by their respective coaching staffs. Coaching staffs make decisions to select or draft players based on many different attributes including on ice play, work/effort, off ice conduct, team play, leadership qualities, character, offensive/defensive skill sets, among others.

Parents will not have influence on whether their child will make a team, however, they <u>can definitely have influence on their child NOT making the team</u>, let your child play.

Undoubtedly there will be some disappointed athletes and parents through this selection/draft process and team formation. Please note that the selection/draft processes and coaching decisions are final. Athletes do not have the opportunity to appeal the coaching staff's selections.



## Calgary Fire Expectations of Athletes

- Always conduct yourself in a professional manner both on and off the ice; coaches evaluate players both on and off the ice
- Dress appropriately for try outs; if held, Red/White games players are expected to dress in game day clothing
- Cell Phone/Social Media stay away from social media at all costs; everyone is watching including post-secondary schools.
- Absolutely no cell phones in the dressing room, except as designated zero tolerance.
- Zero tolerance for athletes who have been in contact with drugs, alcohol, tobacco or vaping products during any Calgary Fire event
- Players must read and sign the statement of acknowledgement document which is in the <u>Calgary Fire Member Policy Manual</u>



## Calgary Fire Expectations of Parents

- Demonstrate pride and exemplary conduct when participating in team activities.
- Demonstrate model sportsmanship, respect, and appreciation for all players, off and on-ice officials, volunteers and coaches at all times.
- Understand and comply with GHC elite philosophy, bylaws, expectations, policies, procedures, and operations and assume responsibility for his/her actions. This includes COVID Restrictions
- Support your daughter in making a firm commitment to participate in all team activities, her development as a hockey player and contributor to the team
- All parents are expected to volunteer in some capacity to support the team
- Parents must read and sign the statement of acknowledgement document which is in the <u>Calgary Fire Member Policy Manual</u>



## Volunteerism/Fundraising

- Fundraising is a crucial component to the success of Calgary Fire Hockey. It is expected that all families will work to secure funding for the program and will do their utmost to contribute to Calgary Fire fundraising campaigns
- Each family is expected to commit to volunteering for the betterment of all Calgary Fire teams, both with and without volunteer credits awarded.
- There will not be a Firestarter tournament this year and therefor there will be no requirement for volunteering at the tournament and no fundraising will come from this tournament.



# Rawlyk Family Fund and other available funding

A financial sponsorship program is available to qualified GHC female elite athletes. The program, supported by the Rawlyk Family Foundation, is designed to assist those elite players with both the desire and potential to compete at the post-secondary level, but whom are unable to participate due to personal financial restrictions. Criteria for selection of successful applicants:

- 1) Financial need
- 2) Academic standing
- 3) Hockey ability (AAA, AA or "A" division player with potential to play at the elite level)
- 4) Sportsmanship and/or community participation/service
- 5) Eligibility currently registered with Girls Hockey Calgary in U15 or U18.

\*\*Other Sources of Financial Assistance are available. Please contact the GHC Administrator for details.



## An online Q&A Session will be held, check the website for details

# Good Luck! Thank You

