

# GHC JR INFERNO 2021 WINTER SKILLS PROGRAM GOALIE DEVELOPMENT

February 22 – March 31, 2021

# Cost: \$350 (8 Skill Sessions) Location: Great Plains / ECTAS

- 6 goalies and 2 TPG trainers per grouping in accordance with AHS Guidelines
- 12 spots available per age division
- 8 skill sessions per goalie (60-minute sessions)
- Ice times are Monday or Wednesday evenings and Saturday afternoons
- Goaltenders will be divided by age division and skill level

# Format:

GHC is proud to partner with professional goaltending coaches from Top Prospect Goaltending to offer technical and tactical training for Winter 2021. Sessions will have a 3:1 goalie to instructor ratio to ensure ample crease and instruction time and will be physically-distanced in accordance with government restrictions under Step 1.

#### Themes:

- Movement and Positional Skills
- Save Movement
- Tactics and Transition
- Post-Save Consequences

# **Registration:**

Registration Opens on **Tuesday, February 16 @ 10:00 AM**. For more information, please visit girlshockeycalgary.com/winter-skills

# Health & Safety:

- All AHS rules will be followed. Any member who commits an infraction will immediately be removed from the program and subject to disciplinary action by the Association.
- NO spectators will be allowed in Great Plains.
- ECTAS will allow one parent per player to enter the building. It is preferred that older players be dropped off at the rink.
- For complete safety rules, please refer to GHC Jr. Inferno 2021 Health & Safety document available at <u>girlshockeycalgary.com/winter-skills</u>

