



**GHC JR INFERNO 2021 WINTER SKILLS PROGRAM
U13 DEVELOPMENT**

February 25 – April 1, 2021

Cost: \$200 (8 Skill Sessions)

Location: Great Plains / ECTAS

- 72 spots available
- 9 skaters and 1 coach per Group
- 2 Groups per ice time (Physical distancing must be adhered to at all times and there will be no mingling of Groups on the ice in accordance with AHS Guidelines.)
- 8 skill sessions per Group (60 minute sessions)
- Players will be sorted into Groups by skill level based on 2020-21 evaluation results.

Format:

Sessions will be physically-distanced (no game play) in accordance with government restrictions under Step 1. Maximum of 20 people on the ice at one time (including coaches). Coaching will be comprised of certified and insured GHC coaches. Additionally, for at least one session per group, we will schedule professional instruction from third-party instructors.

Themes:

- Skating/Edge Control
- Shooting and Scoring
- Passing
- Individual Technical Skills
- Individual Tactics
- Individual Fitness

Registration:

Registration Opens on **Tuesday, February 16 @ 10:00 AM.**

Health & Safety:

- All AHS rules will be followed. Any member who commits an infraction will immediately be removed from the program and subject to disciplinary action by the Association.
- NO spectators will be allowed in Great Plains.
- ECTAS will allow one parent per player to enter the building.
- For complete safety rules, please refer to GHC Jr. Inferno 2021 Health & Safety document available at girlshockeyscalgary.com/winter-skills





Sample Schedules:

Age Division	Groups	Date	Start	End	Rink
U-13	Groups 1/2	Thursday, February 25, 2021	8:30 PM	9:30 PM	East Calgary - Blue
U-13	Groups 1/2	Saturday, February 27, 2021	8:15 AM	9:15 AM	Great Plains #2
U-13	Groups 1/2	Thursday, March 4, 2021	7:30 PM	8:30 PM	East Calgary - Red
U-13	Groups 1/2	Thursday, March 11, 2021	6:15 PM	7:15 PM	East Calgary - Red
U-13	Groups 1/2	Saturday, March 13, 2021	10:30 AM	11:30 AM	Great Plains #2
U-13	Groups 1/2	Thursday, March 18, 2021	5:00 PM	6:00 PM	East Calgary - Red
U-13	Groups 1/2	Thursday, March 25, 2021	6:15 PM	7:15 PM	East Calgary - Red
U-13	Groups 1/2	Thursday, April 1, 2021	5:00 PM	6:00 PM	East Calgary - Red

Age Division	Groups	Date	Start	End	Rink
U-13	Groups 3/4	Thursday, February 25, 2021	5:00 PM	6:00 PM	East Calgary – Red
U-13	Groups 3/4	Saturday, February 27, 2021	9:15 AM	10:15 AM	Great Plains #2
U-13	Groups 3/4	Thursday, March 4, 2021	8:30 PM	9:30 PM	East Calgary – Blue
U-13	Groups 3/4	Thursday, March 11, 2021	7:30 PM	8:30 PM	East Calgary – Red
U-13	Groups 3/4	Saturday, March 13, 2021	11:30 AM	12:30 PM	Great Plains #2
U-13	Groups 3/4	Thursday, March 18, 2021	8:30 PM	9:30 PM	East Calgary – Blue
U-13	Groups 3/4	Thursday, March 25, 2021	7:30 PM	8:30 PM	East Calgary – Red
U-13	Groups 3/4	Thursday, April 1, 2021	6:15 PM	7:15 PM	East Calgary – Red

Age Division	Groups	Date	Start	End	Rink
U-13	Groups 5/6	Thursday, February 25, 2021	6:15 PM	7:15 PM	East Calgary - Red
U-13	Groups 5/6	Saturday, February 27, 2021	10:30 AM	11:30 AM	Great Plains #2
U-13	Groups 5/6	Thursday, March 4, 2021	6:15 PM	7:15 PM	East Calgary - Red
U-13	Groups 5/6	Thursday, March 11, 2021	8:30 PM	9:30 PM	East Calgary - Blue
U-13	Groups 5/6	Saturday, March 13, 2021	8:15 AM	9:15 AM	Great Plains #2
U-13	Groups 5/6	Thursday, March 18, 2021	6:15 PM	7:15 PM	East Calgary - Red
U-13	Groups 5/6	Thursday, March 25, 2021	5:00 PM	6:00 PM	East Calgary - Red
U-13	Groups 5/6	Thursday, April 1, 2021	7:30 PM	8:30 PM	East Calgary - Red

Age Division	Groups	Date	Start	End	Rink
U-13	Groups 7/8	Thursday, February 25, 2021	7:30 PM	8:30 PM	East Calgary - Red
U-13	Groups 7/8	Saturday, February 27, 2021	11:30 AM	12:30 PM	Great Plains #2
U-13	Groups 7/8	Thursday, March 4, 2021	5:00 PM	6:00 PM	East Calgary - Red
U-13	Groups 7/8	Thursday, March 11, 2021	5:00 PM	6:00 PM	East Calgary - Red
U-13	Groups 7/8	Saturday, March 13, 2021	9:15 AM	10:15 AM	Great Plains #2
U-13	Groups 7/8	Thursday, March 18, 2021	7:30 PM	8:30 PM	East Calgary - Red
U-13	Groups 7/8	Thursday, March 25, 2021	8:30 PM	9:30 PM	East Calgary - Blue
U-13	Groups 7/8	Thursday, April 1, 2021	8:30 PM	9:30 PM	East Calgary - Blue