



**GHC JR INFERNO 2021 WINTER SKILLS PROGRAM
U18 DEVELOPMENT**

February 25 – April 1, 2021

Cost: \$200 (8 Skill Sessions)

Location: Great Plains

- 72 spots available
- 9 skaters and 1 coach per Group
- 2 Groups per ice time (Physical distancing must be adhered to at all times and there will be no mingling of Groups on the ice in accordance with AHS Guidelines.)
- 8 skill sessions per Group (60 minute sessions)
- Players will be sorted into Groups by skill level based on 2020-21 evaluation results.

Format:

Sessions will be physically-distanced (no game play) in accordance with government restrictions under Step 1. Maximum of 20 people on the ice at one time (including coaches). Coaching will be comprised of certified and insured GHC coaches. Additionally, for at least one session per group, we will schedule professional instruction from third-party instructors.

Themes:

- Skating/Edge Control
- Shooting and Scoring
- Passing
- Individual Technical Skills
- Individual Tactics
- Individual Fitness

Registration:

Registration Opens on **Tuesday, February 16 @ 10:00 AM**. For more information, please visit girlshockeycalgary.com/winter-skills

Health & Safety:

- All AHS rules will be followed. Any member who commits an infraction will immediately be removed from the program and subject to disciplinary action by the Association.
- NO spectators will be allowed in Great Plains.
- For complete safety rules, please refer to GHC Jr. Inferno 2021 Health & Safety document available at girlshockeycalgary.com/winter-skills





Sample Schedules:

Age Division	Groups	Date	Start	End	Rink
U-18	Groups 1/2	Thursday, February 25, 2021	8:45 PM	9:45 PM	Great Plains #2
U-18	Groups 1/2	Thursday, March 4, 2021	7:45 PM	8:45 PM	Great Plains #2
U-18	Groups 1/2	Saturday, March 6, 2021	3:30 PM	4:30 PM	Great Plains #2
U-18	Groups 1/2	Thursday, March 11, 2021	5:30 PM	6:30 PM	Great Plains #2
U-18	Groups 1/2	Thursday, March 18, 2021	5:30 PM	6:30 PM	Great Plains #2
U-18	Groups 1/2	Saturday, March 20, 2021	3:30 PM	4:30 PM	Great Plains #2
U-18	Groups 1/2	Thursday, March 25, 2021	8:45 PM	9:45 PM	Great Plains #2
U-18	Groups 1/2	Thursday, April 1, 2021	7:45 PM	8:45 PM	Great Plains #2

Age Division	Groups	Date	Start	End	Rink
U-18	Groups 3/4	Thursday, February 25, 2021	5:30 PM	6:30 PM	Great Plains #2
U-18	Groups 3/4	Thursday, March 4, 2021	8:45 PM	9:45 PM	Great Plains #2
U-18	Groups 3/4	Saturday, March 6, 2021	4:30 PM	5:30 PM	Great Plains #2
U-18	Groups 3/4	Thursday, March 11, 2021	6:30 PM	7:30 PM	Great Plains #2
U-18	Groups 3/4	Thursday, March 18, 2021	6:30 PM	7:30 PM	Great Plains #2
U-18	Groups 3/4	Saturday, March 20, 2021	4:30 PM	5:30 PM	Great Plains #2
U-18	Groups 3/4	Thursday, March 25, 2021	7:45 PM	8:45 PM	Great Plains #2
U-18	Groups 3/4	Thursday, April 1, 2021	8:45 PM	9:45 PM	Great Plains #2

Age Division	Groups	Date	Start	End	Rink
U-18	Groups 5/6	Thursday, February 25, 2021	6:30 PM	7:30 PM	Great Plains #2
U-18	Groups 5/6	Thursday, March 4, 2021	5:30 PM	6:30 PM	Great Plains #2
U-18	Groups 5/6	Saturday, March 6, 2021	5:45 PM	6:45 PM	Great Plains #2
U-18	Groups 5/6	Thursday, March 11, 2021	8:45 PM	9:45 PM	Great Plains #2
U-18	Groups 5/6	Thursday, March 18, 2021	7:45 PM	8:45 PM	Great Plains #2
U-18	Groups 5/6	Saturday, March 20, 2021	5:45 PM	6:45 PM	Great Plains #2
U-18	Groups 5/6	Thursday, March 25, 2021	6:30 PM	7:30 PM	Great Plains #2
U-18	Groups 5/6	Thursday, April 1, 2021	5:30 PM	6:30 PM	Great Plains #2

Age Division	Groups	Date	Start	End	Rink
U-18	Groups 7/8	Thursday, February 25, 2021	7:45 PM	8:45 PM	Great Plains #2
U-18	Groups 7/8	Thursday, March 4, 2021	6:30 PM	7:30 PM	Great Plains #2
U-18	Groups 7/8	Saturday, March 6, 2021	7:00 PM	8:00 PM	Great Plains #2
U-18	Groups 7/8	Thursday, March 11, 2021	7:45 PM	8:45 PM	Great Plains #2
U-18	Groups 7/8	Thursday, March 18, 2021	8:45 PM	9:45 PM	Great Plains #2
U-18	Groups 7/8	Saturday, March 20, 2021	7:00 PM	8:00 PM	Great Plains #2
U-18	Groups 7/8	Thursday, March 25, 2021	5:30 PM	6:30 PM	Great Plains #2
U-18	Groups 7/8	Thursday, April 1, 2021	6:30 PM	7:30 PM	Great Plains #2

