

Player Groupings

- Players will be assigned to a specific ice time for each evaluation session. They will be identified using their Hockey Canada ID#. Players are responsible for checking girlshockeycalgary.com/evaluations regularly during evaluations to determine which ice times they are required to attend.
- Players will only be allowed to attend their assigned ice times.

Player ID

- Upon arrival to the first ice session, each player will be will be issued a unique ID number to display on the player's helmet. (Goalies will receive pinnys.)
- Numbers must remain visible and unaltered on your daughter's helmet for the entirety of the evaluation sessions. If you have any issues, please advise your Age Group Coordinator.

Jerseys & Equipment

- Players must bring (1) black and (1) white practice jersey to all evaluation sessions. Colour assignments (black/white) will be communicated prior to scrimmages.
- Full equipment MUST be worn on the ice at all times. Your child may be asked to leave the ice if they are not fully dressed due to safety protocol.

Water Bottle

• Players must bring their own clearly labelled water bottle and are not permitted to share during evaluation sessions.

Game Plan

- Maintain your pregame routines (proper nutrition, getting enough sleep, proper warm-up and cool-down procedures).
- Stay focused, believe in your ability and enjoy the process. You got this!



SIENN





